

_____ (organization name)

HEALTHY CATERING POLICY

Position Statement

Healthy eating is a vital part of good health. It is important for energy and vitality, optimal work performance, weight control, control of cholesterol and blood pressure and prevention of heart disease, diabetes and other chronic conditions.

_____ (organization name) acknowledges that healthy eating has an impact on our health, and that the provision of healthy foods will contribute to better health for all.

_____ (organization name) will ensure that a variety of healthy food choices are available for all organization activities. This applies to all meetings, functions and events and to all employees, visitors and any others taking part in organization activities.

Policy

_____ (organization name) is committed to ensuring a healthy environment for all those associated with the organization and will ensure that:

- The caterers used for all events are able to provide a variety of healthy food choices;
- Healthy food choices will be available at all organization activities;
- Healthy food choices will be promoted at all organization activities;
- Healthy food choices will be positioned more prominently than other foods;
- Healthy food choices will be priced competitively;
- The role of food in relation to health and the enjoyment of healthy food is promoted (posters, newsletter, healthy eating handouts, etc);
- All food is handled, prepared and stored in accordance with Food Safety Regulations.

_____ (organization name) undertakes to implement the actions listed above in this policy, effective from ___ / ___ / _____.

_____ (organization name) aims to have at least 2 new healthy food choices available, promoted, priced competitively and positioned prominently by ___ / ___ / _____.

_____ (organization name) aims to have promoted the importance of healthy eating at least once by ___ / ___ / _____.

This policy is to be reviewed annually. Review date: ___ / ___ / _____.

Name and Title:

Signature Date.....